

BRAZILIAN WAY ELITE TRAINING CAMP

TECHNICAL DEVELOPMENT
TACTICAL AWARENESS & FUN

PRESENTED BY:



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|  WHERE Aiken Elementary School 881 Greentree Rd • Pittsburgh, PA |  WHO Boys & Girls Ages 6-14 |  WHEN July 19-23 |  TIMES 9:00-12:00 pm (half-day) 9:00-3:00 pm (full-day) |  PRICE \$129 (half-day) \$199 (full-day) |
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 Register online at www.brazilianwaysoccer.com 

ABOUT THE DIRECTOR



Paulo Neto is a professional soccer coach, having worked in all levels of the sport in America: four different universities (NAIA, NCAA-II and NCAA-I); three different semi-professional clubs at USL-2 and NPSL; Olympic Development Program at the state, regional, and national levels; and several youth club teams in four different states. Before coming to the United States, Neto played in the youth system of some of the best clubs in the world including Fluminense FC and SC Corinthians (Brazil). He also played for the U-17 Brazilian National Team. In the USA, Neto was a 3x All-American at Union College (NAIA). He holds a USSF "A" License, a USSF Youth National License, and a UEFA "A" License. Paulo Neto is currently the club technical director for West Florida Flames, MLS Next and Girls Academy League club affiliate.

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STAFF: Sessions led by Brazilian licensed coaches with collegiate and/or professional playing/coaching experience.

ABOUT THE CAMP

This camp is a real-life experience of a professional youth soccer academy pre-season training program. The curriculum promotes the essence of the Brazilian Jogo Bonito (beautiful game) through activities that enhance Creativity, Improvisation and 1v1 Skills. The methodology makes use of training stations to expose players to different aspects of the game. Each station includes the perfect balance between technical/skills exercises (repetition of technique) and small-sided games, where players are encouraged to use the knowledge acquired in the exercises to solve problems in real game situations (tactical application of the technique). Ultimately, the camp also aims to use soccer as a tool to enhance important values such as respect, friendship, discipline, effort and grit. All activities were designed age appropriately, taking into consideration motor and cognitive stages of development of the participants. Camp is quite challenging but equally fun.

GOALKEEPERS: Goalkeeper training is done separately with a specialized coach during the morning. This is where keepers come together and learn the newest innovations and training methods in goalkeeping. Keepers join the main group for training stations 2/3 and scrimmages after the GK training.

ABOUT THE PROGRAM

The Brazilian Way training program delivers an advanced training methodology with two primary objectives: (1) to improve the individual's overall technical skills and (2) to improve the individual's ability to make decisions on the soccer field, so that they will excel at applying the correct technique for any given situation the game presents. As the Brazilian Philosophy dictates, the foundations of the sport are highly emphasized (i.e. dribbling, passing, receiving, turning, finishing, heading, etc) so that they can be applied to game situations with incredible creativity.

DAILY SCHEDULE

8:30-9:00 - Camp check-in
9:00-9:30 - Play-Practice-Play warm-up
9:35-10:35 - First training station
10:40-11:40 - Second training station
11:45-12:45 - Lunch
12:45-1:45 - Third training station
1:50-3:00 - Scrimmage games